

INCLUDE THIS!

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A MOVEMENT FOR DISABILITY EQUITY

The Podcast

Include This! is not just a podcast—it's a movement.

We want to change conversations, perceptions, and policies, but most importantly, we want to change mindsets and how we think about disability in America. It's a space created for the critical and sometimes uncomfortable conversations we have to have, in order to progress the movement for disability equity forward. **Include This!** amplifies disabled voices, tackles the intersectionality that naturally exists for people with disabilities, connects everyone through shared experiences, and works alongside disability allies to unify the disability community. To hear the podcast, go to www.eyelevel.works or to any of the sites listed below.



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Presented by  eye level
COMMUNICATIONS

The Host

Sarah is the Founder and CEO of Eye Level Communications, LLC (Eye Level), a California-based disability and woman-owned small business. Eye Level offers disability equity and inclusion training, strategic business consulting services that promote awareness and advance understanding of disability, and speaking engagements that connect communities and drive positive social change for people living with disabilities. Sarah is a public administration professional with more than 25-years of experience. For the last decade, her work and research has focused on healthcare administration, communications, training, and policy. Sarah is a member of the National Small Business Association Leadership Council, and the National and California Diversity Councils. She earned her Master of Science in Public Administration degree from California State University, Los Angeles.

